KILIMANJARO EXPEDITION, TANZANIA

The highest free standing mountain of Africa & one of the seven summits

At 19,341 feet (5,895m), Mt. Kilimanjaro is not only the tallest mountain in Africa, but also the highest free-standing mountain in the world exhibiting five delicate ecosystems as you snake through them one after the other.

It is said that out the seven tallest summits on seven continents, Mt. Kilimanjaro is perhaps only second to Mt. Everest’s fame and the number as high as 40000 people a year, seeking to climb this highest free standing volcanic mountain, makes it famous as ‘Everyman’s Everest’. Unlike Everest, there is no technical climbing involved. Wait.. but don’t be complacent.

Kili, with an altitude of 5895 meters (19,340 ft) is a serious challenge to even the fittest athlete. And she is notoriously known for claiming on average two lives per year. So the bottom line is, you have to dedicate time to train, be familiar with basic backpacking skills, and be properly equipped to have a successful summit.
**SCHEDULE:** 9th Sept – 17th Sept 2017. (Participants are expected to report at Kilimanjaro airport on 9th Sept 2017)

## DAY WISE ITINERARY:

<table>
<thead>
<tr>
<th>DAY</th>
<th>DETAILS</th>
<th>STAY</th>
<th>TREK HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pick up from Kilimanjaro Airport. You will stay in a hotel and do the preparations for the trek.</td>
<td>Hotel</td>
<td>NA</td>
</tr>
<tr>
<td>2</td>
<td>Drive to Mt. Kilimanjaro National Park. Its around 50 min journey and it will take us through the base village Machame. From Machame gate, we will begin trekking through the rain forest.</td>
<td>Machame Camp</td>
<td>5-7 hrs</td>
</tr>
<tr>
<td>3</td>
<td>We walk through the moorland, crossing the valley along the steep rocky ridge.</td>
<td>Shira Camp</td>
<td>4-6 hrs</td>
</tr>
<tr>
<td>4</td>
<td>From Shira plateau we continue up the ridge, towards the Peak Kibo. As we continue, our direction will change to the south east, towards the Lava Tower. It is also known as ‘Shark Tooth’. After the Lava Tower, we head to Barranco Hut.</td>
<td>Barranco Camp</td>
<td>5-7 hrs</td>
</tr>
<tr>
<td>5</td>
<td>We continue on a steep ridge up the barranco wall to the karanga valley. It is a relatively easier trek through the alpine desert.</td>
<td>Karanga Camp</td>
<td>4 hrs</td>
</tr>
<tr>
<td>6</td>
<td>From Karanga Camp, we walk up to the Barafu hut. Another smaller trek through the alpine desert.</td>
<td>Barafu Hut</td>
<td>4 hrs</td>
</tr>
<tr>
<td>7</td>
<td>Early in the morning, by 2:00 AM, we leave for Summit attempt via Stella point. From Stella Point the hike to summit is approx. 1 hr. After the summit, we descend down to Barafu for lunch and after the lunch, we head down to Mweka Hut.</td>
<td>Mweka Hut</td>
<td>15-16 hrs</td>
</tr>
<tr>
<td>8</td>
<td>Next day, we descend down to Mweka gate. At Mweka village, a bus will drive us back to the Hotel</td>
<td>Hotel</td>
<td>3-4 hrs</td>
</tr>
<tr>
<td>9</td>
<td>Departure to Airport</td>
<td>NA</td>
<td>NA</td>
</tr>
</tbody>
</table>
**COST DETAILS:**
Total cost for the expedition per person is **INR 1,40,000** plus service tax at actual. (Ex Kilimanjaro International Airport)

<table>
<thead>
<tr>
<th>INCLUDE</th>
<th>NON-INCLUDE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transfers as per itinerary</td>
<td>Flights to/from Kilimanjaro International Airport</td>
</tr>
<tr>
<td>Accommodation according to the itinerary</td>
<td>Equipment rent, Porters for personal equipment</td>
</tr>
<tr>
<td>Full board throughout the trip</td>
<td>Visa costs, Insurance</td>
</tr>
<tr>
<td>Experienced English-speaking Mountain guide for the entire trip + outdoor cook</td>
<td>Extra beverages and mineral water during the trek</td>
</tr>
<tr>
<td>Porters for luggage</td>
<td>Personal expenses during trek like wi-fi, battery charging, hot water bath, etc</td>
</tr>
<tr>
<td>Visa support, passport registration</td>
<td>Emergency Medical Evacuation</td>
</tr>
<tr>
<td>Purified water during the climb</td>
<td>Tips for guides and porters</td>
</tr>
</tbody>
</table>
A NOTE ON "WHY CLIMBING KILI IS EXPENSIVE"

The prices for Kilimanjaro climbs vary wildly depending upon the company you go with. Generally in the range of $1200 – $4500. So, this trek is not a cheap holiday! Of course you try to save money where you can. But do not start your search for a Kilimanjaro climb by looking at the cost first. If you do, you may end up paying the ultimate price, or someone else may have to pay it for you.

Here are some of the reasons for the high cost of Kili climb.

• **National park fees:** Depending upon the number of your trekking days, the park fee varies. But minimum for 6D/5N trek it is **800$!!** Also, from 2017 onward, 18% Kilimanjaro national forest has raised VAT by 18%.

• **Climbing Staff & guides:** Your trek success depends mainly on how well your local guides and porters are treated. If underpaid or poorly respected, their performance and guidance during the climb cannot be up to the mark. Then do you think they will even care if you summit or not if treated badly? Your safety depends on guides/assistant guides on your team and how well trained they are by the company. There training & welfare cost money. GGIM has established association with reliable agencies for assuring the best possible services at a very reasonable rates.

• **Equipment & food:** If you can’t sleep at night because you are cold and miserable, then how do you will make it to the summit? Along with the equipment, you need quality food to sustain the seven days on the mountain. It should not only be nutritious but also tasty. So, how well is the cook trained? And the rest of the staff are? What about food? All this training costs money.

• **So, in a nut shell, Kili climb is surely expensive but a once in a lifetime experience.** And you surely want this lifetime experience to cherish forever. GGIM is set to provide unparalleled memorable experiences to our Kili climbers with safety and quality as top notch priorities!
REGISTRATION PROCEDURE:

Step 1:
If you are above 14 and interested in Kilimanjaro expedition, get in touch with us. You will have to sign a separate indemnity bond. We will share it with you along with the other forms. Once you fill them, please send them back to us along with very good quality photocopy of passport and initial booking payment, INR 60,000. (Payment details are mentioned below)
(Kindly pay attention that we need participant’s details and entire payment at least 2 months in advance.

Step 2:
Make your flight tickets and travel insurance. Team GGIM will help you here if you need any assistance.

Step 3:
Make the balance payment. This needs to be done at least 2 months in advance so that we can book hotels at the base, huts/lodges/tents during the climb and arrange for expedition logistics.
Cancellation terms:
1. Initial booking payment is non-refundable.
2. If you wish to cancel your trip due to personal reasons, following are the T&Cs:
   • If cancellation is done 4 weeks before the starting date, 25% of the balance fees will be deducted.
   • If cancellation is done between 4 to 2 weeks before the starting date, 50% of the balance fees will be deducted.
   • If cancellation is done 2 weeks before the starting date, no refund will be made.

Payment details:
Pay by cash/ Cheque/ NEFT
A/c Name- Guardian Giripremi Institute of Mountaineering.
A/c No. 35422707432, IFSC Code- SBIN0013530
Branch – Karve Nagar ,Pune 411052
EXPEDITION ESSENTIALS

Official Papers:

Valid passport
2 Copies of first page + visa page of passport
Airline tickets
Visa invitation
Insurance
Yellow Fever Vaccination

Camping Gear:

Sun screen lotion
Sun glasses (UV Polaroid)
Toiletry kit
Personal medication

Clothing:

Down Jacket
Wind proof suit
Fleece jacket, Warm gloves, balaclava
Hiking pants/skirt
Long-sleeve shirts/blouses
Spare cloths for hotel stay
Hiking boots, floaters (for camping)

Mountaineering Gear:

Trekking shoes
Walking poles
Head torch with spare batteries
60 litre rucksack & a day sack
Water Bottle
Want to Know Quick Facts About Kili

• Kilimanjaro is 5895 metres (nearly 20,000 feet) high, the tallest mountain in Africa, and one of the ‘Seven Summits’, the highest mountains on each of the world’s continents. It is the tallest free-standing mountain on planet. Free standing peak means that the mountain is not a part of any range.

• First Ascent of Kilimanjaro occurred in 1889. Kibo summit was first reached by Hans Meyer, a geographer from Germany, Ludwig Purtscheller, a mountain climber, and Yohannes Lauwo, a guide hailing from nearby Marangu. It took six weeks to scale the mountain. The fastest recorded ascent of Kilimanjaro is held by Wim Hof aka ‘The Iceman’. In January 2015 he claimed the fastest title with a time of 31 hours and 25 minutes!

• Kilimanjaro has three distinct peaks: Shira at 3962 metres, Mawenzi at 5159 metres, and Kibo at 5895 metres, and each is a separate volcanic formation. The highest point is the Uhuru Peak area at the top of Kibo crater’s rim, and this is the ‘target’ of almost all ascents.

• Kilimanjaro is what is known as a stratovolcano. The Shira and Mawenzi peaks are extinct, but Kibo is classed as only ‘dormant’, so future eruptions are indeed possible. There is little need to fear, though, as geologists tell us that is has not had a major eruption in some 200 thousand years. Another one any time soon is quite unlikely. Kibo is not entirely asleep, though. It emits gas from several fumaroles in the crater, and is subject to occasional landslides like the one that created the Western Breach.
And a few FAQs:

**Can anyone climb Kili?**
Yes. Machame route to the top is a walking trail. So you don’t need to have any formal mountaineering skills to climb this peak. However, there are a couple of points at some places where you may need to use your hands to steady yourself. But overall, it’s just a walk. It is said that some extremely enthusiastic and die hard Kili lovers have summited the peak on wheelchairs, so the ability to walk isn’t even a pre-requisite.

**2. How fit do I need to be?**
There’s no need to go for any exhaustive fitness preparations for this climb. It is the altitude sickness rather than lack of necessary strength or stamina that decides your summit or no summit. Having said this, the trek will obviously be more enjoyable for you the fitter you are. After all, on the final push to the summit you will be walking at very high altitude for about 16 hours! So a certain degree of fitness is necessary.

**3. Which route are we going by?**
The trek goes via the Machame route through five distinct ecosystems (cultivation, rain forest, heather, moorland, alpine desert and lastly the summit with arctic conditions) in 7 days.

**4. How is the food during the expedition like?**
We will provide both veg as well as non veg food. It will be mostly continental type food but apart from that special Indian food will also be served.

**5. How much tip should we pay to the guides/cook/porters?**
Tipping is highly appreciated at Kili. Generally it is recommended that every climber tips approx. per Chief Guide: $15-20, Assistant guide: $10-15, cook $10, Porter: $8-10 are approx. per day.
HAPPY TREKKING!!