

SCHEDULE FOR AVHAAN - NIRMAAN - UDAAN 2023-24

AVHAAN 2023-24			
DATE	TREK/ACTIVITY	LEARNING CONTENTS	FEES
18-June-2023	BRIEFING MEETING: Abasaheb Garware Hall, Deccan		
2-July-2023	Tajubai Waterfalls	Introductory Glimpses of mountain Ranges, famous mountains and valleys, overview of mountaineering and its disciplines, famous mountaineers from the world and India; About Giripremi and GGIM	1100
6-August-2023	Kalyangad	How to walk on uphill and downhill, How to choose appropriate shoes for trekking, checklist for one day trekking	1100
3-September-2023	Disu Waterfalls	Do/s and Dont's in mountains with reference to L&T principles	1100
8-October-2023	Rohida Fort	Introduction to Figure 8, clove hitch, overhand, backup knot	1100
B1: 4-6 Nov. 2023 B2: 6-8 Nov. 2023 B3: 17-19 Nov. 2023	Sinhagad Adventure Course 3N/4D	Tent pitching, outdoor cooking, rock craft, intro to equipment, first aid basics, map making, backpacking, Fort History and Geography of surroundings	To be announced
3-December-2023	Sarasgad	Evolution of Sahyadri and its geographical overview, features, rock types etc.	1100
7-January-2024	Madhe Upande	Ghat Vaata and their significance in ancient times and today, discussions on famous ghats	1100
4-February-2024	Rajgad Fort	Introduction to forts in Sahyadri mountains & Basic Mountain terminology	1100
1-2 week - May 2024 (10 DAYS)	HIMALAYA ADVENTURE TREK		This year fees: To be announced (Last year fees: Rs. 26,500)

AVHAAN ADVANCE 2023-24			
DATE	TREK/ACTIVITY	LEARNING CONTENTS	FEES
7-June-2023	REGISTRATION BEGINS		
2-July-2023	Tamhini Hills	Wildlife and flora-fauna of the Tamhini region	1100
6-August-2023	Telni Waterfalls	Hazards in Sahyadri (Objective and Subjective) – Scree, Rockfalls, Snakes & Honeybees – ways to negotiate them, precautions in monsoon treks	1100
3-September-2023	Rareshwar Plateau	History of Swarajya in brief reference to Rareshwar, and surrounding region	1100
8-October-2023	Vairatgad	Common injuries in treks and practical skills of immobilization of injury, making use of available resources for immobilization, treatment for shock	1100
17-19 Nov. 2023 (Diwali Multiday Trek)	Harishchandragad – Kaladgad – Shirpunje Bhairavgad	Knots - Fisherman, Reef, Bowline	To be announced
3-December-2023	Sudhagad	Map types and their features	1100
7-January-2024	Shivthar to Kund	Basics of weather, critical factors that constitute weather, Basics of Geography from weather perspective	1100
4-February-2024	CBD Belapur Quarry (Rock Climbing)	CBD Belapur Rock Quarry - Bouldering and Top rope climbing / Rappelling / Jumaring	1100
1-2 week - May 2024 (10 DAYS)	HIMALAYA TREK - RANI SUI LAKE NAGGAR (HIMACHAL PRADESH)		This year fees: To be announced (Last year fees: Rs. 27,500)

NIRMAAN 2023-24			
DATE	TREK/ACTIVITY	LEARNING CONTENTS	FEES
7-June-2023	REGISTRATION BEGINS		
2-July-2023	Hadsar Fort	Introduction to contour lines and topo maps, how to identify the features	1200
6-August-2023	Pandavgad	Figure 8 tie in, butterfly knots	1200
3-September-2023	Kusur to Waghoba	Learn to make strecher and various carrying techniques	1200
8-October-2023	Andharban Forest	Introduction to Compass, its parts	1200
17-19 Nov. 2023 (Diwali Multiday Trek)	Dhodap-Kanchana Fort	Risk assessment & management, Introduction to MMRCC & its work Outdoor Clothing Learn about Sahyadri of Nashik region	To be announced
3-December-2023	Umbarkhind to Dukes Nose	History of Umbarkhind About Duke's Nose and other Sahyadri Rock Climbing pinnacles	1200
7-January-2024	Rajmachi via Kodane caves	Hydration & Nutrition Basics	1200
4-February-2024	Bhorgiri Fort	Rock Climbing / Rapelling / Jumaring	1200
1-2 week - May 2024 (13 Days)	HIMALAYA TREK - PINDARI GLACIER TREK (UTTARAKHAND)		This year fees: To be announced (Last year fees: Rs. 31,000)

NIRMAAN ADVANCE 2023-24			
DATE	TREK/ACTIVITY	LEARNING CONTENTS	FEES
7-June-2023	REGISTRATION BEGINS		
2-July-2023	Mengjai Hills	Double Fig 8, Pursik Hitch	1200
6-August-2023	Shikhar Mahadev	Anchor set up making AND ROPE FIXING	1200
3-September-2023	Korai ghat Gavalan ghat	Introduction to Ointment & Basic Medicines for first aid	1200
8-October-2023	Thanale caves via Waghjai ghat	Learn about types of clouds and their significance from weather forecast point of view	1200
17-19 Nov. 2023 (Diwali Multiday Trek)	Kalsubai Kulang Fort	Introduction to GNSS, Learn to take & plot bearing with the help of compass & map	To be announced
2,3-December-2023	Mangalgad	Rope care	2000
7-January-2024	Dhakoba	What are wildfire, how do they occur, Safety in wildfire,	1200
4-February-2024	Jivdhan Sport Route Climbing	Rock Climbing, Rappelling, Jumaring, Boudlering, anchoring systems and fixed roping and change over	1200
1-2 week May 2024 (11 Days)	HIMALAYA ADVENTURE TREK		Last year fees: Rs. 32,000 This year fees: To be announced

UDAAN 2023-24			
DATE	TREK/ACTIVITY	LEARNING CONTENTS	FEES
7-June-2023	REGISTRATION BEGINS		
2-July-2023	Katraj To Sinhagad	Endurance Test Trek, travel by public transport, safety measures during monsoon trekking, role of trek leader and how to handle group dynamics	800
6-August-2023	Kusarpeth Railing	Use of compass ,maps, altimeter, AND DISHA APPLICATION	1200
3-September-2023	Lenyadri to Hatkeshwar	Navigate the trek independently; new knots: Bowline on the bight, Italian Hitch	1200
8-October-2023	Thibthiba ghat Telyachinal	Make your own first aid kit, Learn to handle Pulse Oximeter, Portable and manual BP machine	1200
17-19 Nov. 2023 (Diwali Multiday Trek)	Ghisar te Raigad	Accidents in Rock climbing, precautions to avoid them, plan of action in case of accidents, Introduction to CPR skills	To be announced
2,3-December-2023	Gopya Ghat	Semi independent trekking, camping, and cooking in outdoors	2200
7-January-2024	Elephisatan point javali to lordwick point	Coiling: casualty and butterfly coiling	1200
4-February-2024	Savatya ghat Chor Payari ghat	Introduction to C-Z pulley system for rescue related work	1200
1-2 week May 24	14000-15000 ft. HIGH PEAK CLIMBING EXPEDITION		Last year fees: Rs. 32,000 This year fees: To be announced

GENERAL INSTRUCTIONS:

- All the ANU related updates and information, activities, payment options, etc will be put up on weblink: www.ggim.in/avhaan-nirmaan-udaan
- The entire trek related other details and instructions will be shared to in due course of time.
- Sinhagad Adventure Course is a residential course, and it will be conducted at fort Sinhagad. Each batch will have roughly 40-45 kids based on first come first served basis. Remaining details of the course will be shared 2 weeks before the course begins.
- Avhaan Adv., Nirmaan, Nirmaan adv. and Udaan Groups will have their long, multiday trek during the same period as mentioned in the schedule above.
- The **registration fee** is a one-time fee for every year for all participants, that covers admin expenses
- The Kit fees INR 600 includes: GGIM cap, GGIM notebook, rope sling, book-Joy of Mountaineering
- The fees mentioned include transport, educational fees, equipment usages, guidance, first aid treatment if any. For 1 day treks, participants are expected to bring their own **breakfast & lunch packs**. For overnight treks, participants are expected to bring the **dinner packs**. Breakfast, lunch and evening snacks for the next day, will be provided by Team GGIM.
- **Generally, the reporting venue for all treks will be Fergusson College, Main Gate, Pune. For one day treks, the reporting time is at 6:15 AM. For overnight treks, the reporting time is at 4:00 PM on Saturday. Kids will be back from the trek on Sunday at around 7:00 PM. All the details of reporting time, venue and arrival details will be regularly conveyed before and during the respective treks.**
- **Details of the Himalaya Treks will be shared by the end of Dec 2023.**

Kit list

	Things to carry	Quantity	Remarks
GENERAL	Trekking Gears		
	Small Daypack (sack)	1	Preferably 30 lit capacity
	Shoes pair	1	Trekking/Sports
	Socks pair	1	
	Cap	1	
	Rope sling (2m) (Provided in reg. kit)	1	For specific Treks
	Clothing		
	T-shirt/shirt (Full Sleeves)	1	
	Full Track Pant	1	
	Rain wears (Especially in rainy days)	1	Jacket / suit / poncho
	Sweater/ warm jacket	1	
	Woollen cap/ Scarf	1	
	Towel	1	Optional
	Extra pair of cloths	1	Packed in polythene bag
	Personal medication if any	As prescribed	
	Food		
IMPORTANT	Breakfast	Packed Breakfast	
	Lunch	Packed Lunch	
	Water bottle	1 litre	
	Chocolates/ dry fruits/ snacks	Optional	

Extra things for Overnight Trek		
Personal toiletry kit	Set	As per needed
Head Torch/hand torch	1	
Mattress and thin blanket/sleeping bag	1	
Packed Dinner <i>(Next day's meals will be provided by team GGIM)</i>	1	

Suggested shops For Purchase of Trekking Equipment:

Gypsy, Sports Equipment India Bhavani Peth, Near Old Motor Stand, Pune Contact: 9822397741	Decathlon
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- **Camera/binoculars to be brought at your own responsibility.**
- **iPods, mobile Phones are strictly not allowed.**

Payment details:

Fee Structure:

Registration fees for new enrolment: Rs. 1000

- **Rs. 400/-** person for yearly subscription charges for all ANU participants.
- **Rs. 600/-** person for the ANU Kit (Kit Includes: GGIM Cap, Diary, Rope Sling, Book-Joy of Mountaineering)
- Trek fees are as mentioned in the schedule.

Payment methods:

Option 1 – Pay online through UPI

Gpay No. 9284863609

UPI ID: 8380044906@okbizaxis

Option 2 – NEFT to our bank account

Bank details are given below:

A/c Name: Guardian Giripremi Institute of Mountaineering

Bank Name: HDFC Bank, Mayur Colony

A/c No.: 50200009999572

IFSC code: HDFC0000149

A/c Type: Current A/c

Option 3 – Pay the fees by either cash or cheque in the name of “Guardian Giripremi Institute of Mountaineering”

