

#### **GGIM Core Values**











**Exploration** 

**Technical Skill** 



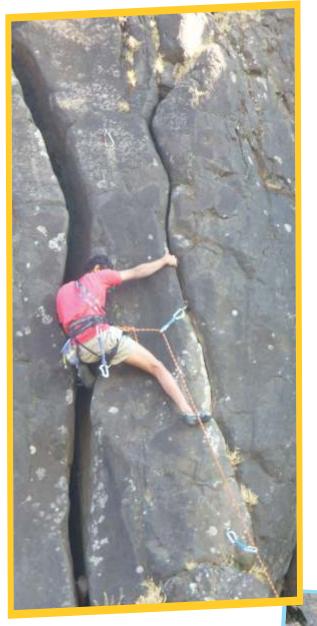
Risk management

Personality Development

## Natural Form of Rock Climbing







- Very basic & important climbing is always in nature.
- One needs to travel to these climbing locations.
- Nature creates its own challenges like
- Access
- Climate
- Unknown terrain
- Not flexible

## Artificial form of Rock Climbing







- Modified form of Rock Climbing
- Artificial Climbing wall provides great Training opportunity
- Artificial wall climbing is popular as competitive sports climbing all over the world
- Facility can be established anywhere as per space available

## What is Artificial Wall Climbing







- Artificial panels are joined together to form a wall
- Fiber or Plywood panels are used to form wall surface
- Artificial holds /grips are fitted on wall for hands & feet
- Holds can be shuffled to alter difficulty levels
- Both indoor & outdoor setup possible

### Types of Artificial Climbing Walls

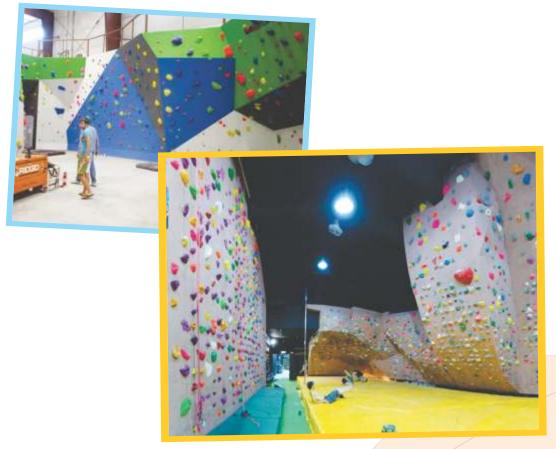




#### **Bouldering Walls - Gym**



These are mainly indoor walls up to height of maximum 16 feet.



### Types of Artificial Climbing Walls





#### **Lead Climbing Wall**



Lead climbing walls are mostly outdoor walls. Indoor setup is also possible in big size sheds.



## Part of Tokyo 2020 Olympics









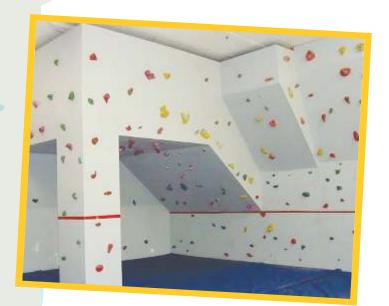
Sport Climbing is here: IFSC got a ticket for Tokyo 2020 Olympics



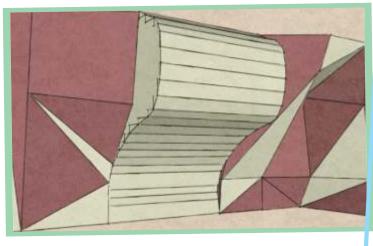
#### Indoor Climbing Wall Size







Approximate Space Requirements – Minimum 30 ft x 30 ft. x 16 ft. high





#### Outdoor Climbing Wall Size







Approximate Space Requirements —
Minimum (Excluding Surrounding Space)
20 ft x 20 ft. x 50 ft. high

# Wall at Pawar Public School -Hinjewadi







## Wall at Vidya Valley ▲ School Sus- Pune







#### **Benefits**







- Daily training facility
- Less travel as compared to approaching natural climbing sites
- Safe area for practicing climbing
- Beneficial to maintain daily fitness
- All age groups can participate
- **C** Gymnastic training for kids



### Artificial Wall Climbing a Sport







- Zonal & national level competitions organized by IMF (Indian Mountaineering Foundation)
- ¶ India level team selection & training after performance at National level
- World cup competitions getting organized by IFSC
   (International Federation of Sports Climbing )
- First time will be introduced in 2020 Olympic as presentation games







Support us in making such training facility easily available for our Energetic Generation.





#### **THANK YOU**



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