

BASIC ROCK CLIMBING COURSE

[Certificate Course for those who are involved in adventure and outdoor field.]



Bouldering



Jummarining



Rappelling



Sport Climbing



Carrying Techniques &
First Aid



Rock Climbing



COURSE FEES :
(8000 INR)

BATCHES

- 30 Oct- 02 Nov 2025
- 06-09 Nov 2025
- 20-23 Nov 2025
- 25-28 Dec 2025
- 01-04 Jan 2026
- 23-26 Jan 2026

About the Course

A 4 days residential program designed to impart essential rock climbing skills, techniques, and knowledge. This is a certificate course offered by GGIM.

This certificate course is beneficial to not only the rock climbing enthusiasts but for all those who wish to do safe and enjoyable trekking. Giripremi's highly experienced rock climbers and instructors conduct this course. The syllabus of the course is designed scientifically and systematically in such a way that those who complete this course can explore possibilities in the field of mountaineering and rock climbing.

The candidates completing the course with 'A' grade can further join GGIM's Advance Rock Climbing Course.

About GGIM

- **1st & only** adventure training institute in Southern India
- Brainchild of India's leading mountaineering club - **Giripremi**
- Team of **14 Everest & 10 Kangchenjunga** Summiteers
- Affiliated to Indian Mountaineering Foundation, New Delhi & Akhil Maharashtra Giryarohan Mahasangh, Mumbai
- Associated with Savitribai Phule Pune University, NIM, Uttarkashi, HMI Darjeeling.
- Have trained over 15000 students in the last 10 years through various adventure training programmes.



At GGIM, we give paramount focus on safety & Quality.

- All the instructors are qualified and experienced.
- All the treks conducted are in a tested environment.
- All instructors are certified first aiders and they carry a First Aid Kit.

Learnings Contents

Basic Safety System

- Usage of essential safety gear such as harnesses, helmets, and mittens.
- Detailed instruction on practical application and safety measures in rock climbing.



Learning Basics of Rock Climbing

- Understand techniques and science of Bouldering, Natural Rock Climbing, Sport Climbing, and Traditional Climbing, Rappelling, Jumaring and Belaying.



Rock Climbing Knots & Equipment Management

- In this course the climber will learn basic knots & and their usage. Along with the rope, you will know about the technical equipment and their usage in belaying, anchoring, rescuing and climbing.



Backpacking – First Aid Map - Navigation

- Orientation about First Aid treatments in outdoors, understanding maps, route finding and how to prepare yourself before going for a trek.

Itinerary

A detailed itinerary for the course is as follows :

Day 1



Arrival and Orientation

Reporting at Ferguson College, Pune followed by drive to GGIM Training Site in Mulshi. On arrival at campsite, you will be briefed about the campsite and the Course as well. Indoor afternoon session followed by Outdoor bouldering Evening session. Day 1 ends after a short film session and dinner.

Learning the Skills

Day 2 begins with hot tea and breakfast early morning. The morning session comprise of learning Outdoor Skills like rock climbing, rappelling and also practically performing them along with the instructors. Afternoon indoor session consists of Map reading, first aid etc. In the evening session, you will see more films related to rock climbing and mountaineering. Day 2 ends after nice and hot dinner.

Day 2



Day 3



Learning the Skills

Day 3 starts with hot tea and breakfast early morning. Morning session will be held in outdoor. You will learn a new climbing technique - Jummaring. Also, you will be practicing Rock Climbing on different routes that are set up.

The Test and Result Day

Day 4, you will be tested based on what you have learned in the past 3 days. A Viva and a written test will be conducted. The results of which will be declared in a while after the test. A felicitation ceremony is planned and participants are rewarded with their hard earned certificate and badge. Course ends !

Day 4



Batch Details

Batch 1: 30 October – 2 November

Batch 2: 6 – 9 November

Batch 3: 20 – 23 November

Batch 4: 25 – 28 December

Batch 5: 1 – 4 January 2026

Batch 6: 23 – 26 January 2026

Fees details (Includes and Excludes)

The total fees for the Basic Rock Climbing Course 2025-26 are 8000 INR.

(NOTE : The seats will be allocated on first come first serve basis. You can reserve your seat by paying Rs.2000.)

Fees Include

- Transport facility from Ferguson College, Pune to Training Site on Day 1 and back on Day 4
- Food (Veg) arrangement from Day 1 Breakfast to Day 4 Breakfast
- Accommodation in dormitories on sharing basis
- Use of technical equipment during the course
- Technical guidance from GGIM's Highly experienced Instructors

Fees Exclude

- Transportation to and from Ferguson College before and after the course resp.
- Any sort of expense other that does not appear in Trip Includes.

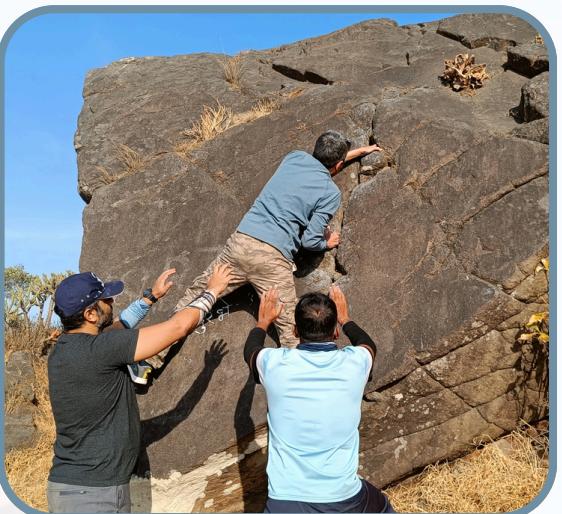
Note : Use of any alcoholic beverages and / or smoking is prohibited. If caught, he/she will be sent back from the course.

Kit List

Things to carry	Qty	Remarks
Trekking Gear		
Big Sack to carry your personal belongings	1	(40 -45 litre) Large enough to carry luggage
Small day sack (10-20 l)	1	For trek till climbing site
Shoes pair (trekking shoe)	1	Trekking/Sports
Socks pair	3-5	
Cap	1	GGIM will provide
Rope sling (2m) (will be provided by GGIM)	1	GGIM will provide
Notebook & Pen	1	
Water Bottle	2	1 litre
Trekking Pole	1-2	2 recommended but not compulsory
Clothing		
T-shirt/shirt (Full Sleeves)	3-5	
Full Track Pant	2-3	
Rain Coat and Rain Pant	1	Seasonal
Sweater/ warm jacket	1	
Woollen cap/ Scarf	1	
Towel	1	
Spare set of clothes	1	For campsite stay
Personal medication if any		As prescribed, To be communicated before Course start
Camera/binoculars		Optional
Canvas shoes / rock climbing Shoes		Suggested for rock climbing
Personal toiletry kit	Set	
Head Torch/hand torch	1	3 spare cells
Thin blanket/sleeping bag	1	Optional
Toilet paper	1	1 Roll
Floater/s sandals	1	For campsite stay

***Camera/binoculars/smart phones to be brought at your own responsibility.**

Course Glimpses



Course Glimpses



Payment Details

Payment Terms

- The payment to be made by cheque/ demand draft/NEFT in the name of 'Guardian Giripremi Institute of Mountaineering'
- You can pay / transfer via UPI id shared below.
- You must confirm your seat in your choice of batch by paying INR 2000/- as a booking amount.
- Balance can be paid in due course of time.

Bank Details (for NEFT):

Account Name: Guardian Giripremi Institute of Mountaineering

Bank Name: HDFC Bank, Mayur Colony, Pune

A/c No. : 50200009999572

IFSC code: HDFC0000149

Google Pay:

G-Pay Number: 9284863609

UPI: 8380044906@okbizaxis

(Please mention participant's name and activity name in the remarks section)

THANK YOU!!



If you are interested, please scan the QR code to join the WhatsApp group. Further details will be shared on the group.



GGIM Basic Rock Climbing Course Interested

WhatsApp Group Invite

 WhatsApp.com

