



# GUARDIAN GIRIPREMI INSTITUTE OF MOUNTAINEERING

## GIRIPREMI ADVENTURE FOUNDATION

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### Medical Fitness Certificate *(To be filled in by RMO/RMP/Physician)*

|                                                                                                                                                                 |                                                          |       |                |                                                          |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-------|----------------|----------------------------------------------------------|--|
| Name                                                                                                                                                            |                                                          | PHOTO |                |                                                          |  |
| Age                                                                                                                                                             |                                                          |       |                |                                                          |  |
| Height                                                                                                                                                          |                                                          |       |                |                                                          |  |
| Weight                                                                                                                                                          |                                                          |       |                |                                                          |  |
| Blood Pressure                                                                                                                                                  |                                                          |       |                |                                                          |  |
| Blood Group                                                                                                                                                     |                                                          |       |                |                                                          |  |
| Is applicant suffering from any diseases/ illness/accident related to                                                                                           |                                                          |       |                |                                                          |  |
|                                                                                                                                                                 |                                                          |       |                |                                                          |  |
| Coronary / Heart                                                                                                                                                | <input type="checkbox"/> Yes <input type="checkbox"/> No |       | Pulmonary      | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| Bone                                                                                                                                                            | <input type="checkbox"/> Yes <input type="checkbox"/> No |       | Vision         | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| Psychological                                                                                                                                                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |       | Dental         | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| Asthma                                                                                                                                                          | <input type="checkbox"/> Yes <input type="checkbox"/> No |       | Diabetes       | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| Allergies                                                                                                                                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |       | Blood Pressure | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| Space for writing any specific finding or advise :                                                                                                              |                                                          |       |                |                                                          |  |
| Any other Allergies / predisposed diseases :                                                                                                                    |                                                          |       |                |                                                          |  |
| This is to certify that Mr/Ms_____ is physically and mentally found fit on his/her examination, to undergo above mentioned adventurous mountaineering activity. |                                                          |       |                |                                                          |  |
| Signature of the Medical Doctor                                                                                                                                 |                                                          | Date  |                | Full name/address/ Reg. No /Seal                         |  |