

Leadership Empowering Adventure Programme (LEAP)



Guardian Giripremi Institute of Mountaineering

- **1st & only** adventure training institute in Southern India
- Brainchild of India's leading mountaineering club - **Giripremi**
- Team of **18 Everest & 10 Kangchenjunga** Summitters
- Affiliated to Indian Mountaineering Foundation, New Delhi & Akhil Maharashtra Giryarohan Mahasangh, Mumbai
- Associated with Savitribai Phule Pune University, NIM, Uttarkashi, HMI Darjeeling.
- Have trained over **17000 students** in the last **11 years** through various adventure training programmes.



At GGIM, we give paramount focus on safety & Quality.

- All the instructors are qualified and experienced.
- All the treks conducted are in a tested environment.
- All instructors are certified first aiders and they carry a First Aid Kit.



Adventure Educational Programme
Age group : 13-16

Learnings in Outdoor Classrooms

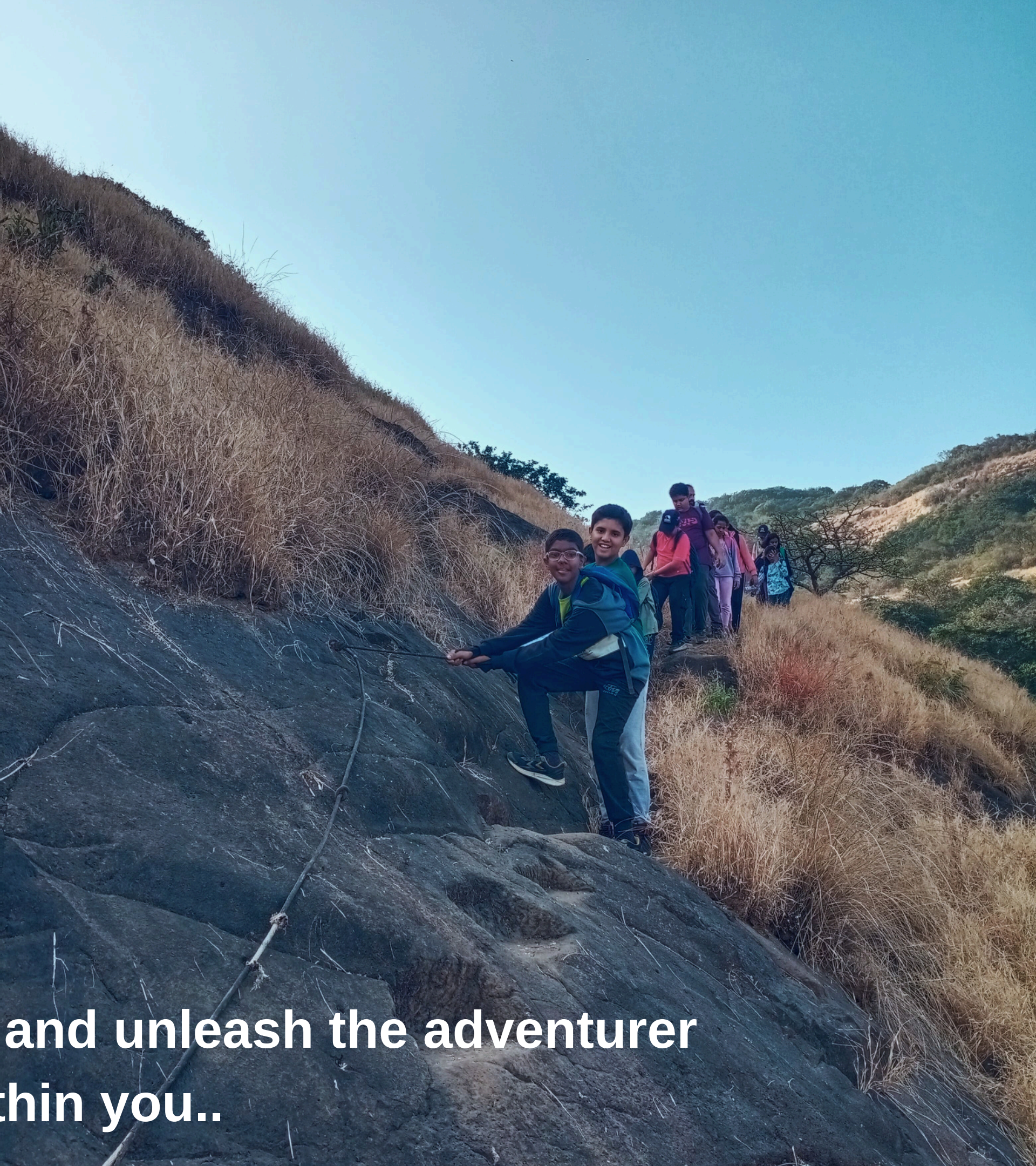


Full of energy and Excitement



Management lessons from our rich histroy





**Overcome your fears and unleash the adventurer
within you..**

Camping under the sky



Strengthen the bond of
friendship





LEAP From the forests to



the snow...!

LEAP Overview

- 1 Year Adventure & Leadership Development Course
- 1 Trek / Activity every month as per the schedule
- Learning Contents during each trek
- Instructor : Student Ratio : 1: 7
- Accompanied by lady instructors, First Aid responders
- Team equipped with all Safety Gear



ENJOY THE
DISCOMFORT

**Learn Life Skills &
Expand your Horizons**



LEAP Learning Contents

OUTDOOR SKILLS

OUTDOOR FUNDAMENTALS	Physical Fitness, Outdoor backpacking, environmental ethics, outdoor camping & cooking, Importance of Hydration & nutrition, camp management, Do's & Don'ts – Sahyadri & Himalaya, High altitude terminologies, High altitude challenges, preparation & planning
NAVIGATION & COMMUNICATION	Map Making Skills, Fundamentals of Map, compass, Techniques of Navigation using map & Compass, Altimeter, learning contour maps
ROPE KNOTS	Various knots & their application
OUTDOOR FIRST AID	Basics of First Aid, High Altitude Medical Challenges
ROCK CRAFT	Skills of Bouldering, Rock Climbing, Rappelling, Jumaring, Equipment usage, Sport climbing
SAFETY & RISK ASSESSMENT	Importance of safety, risks & hazards in outdoors, Assessment of the risk
SPECIAL TOPICS	Introduction to Sahyadri & Himalaya, Geography, History, Science lessons through experience, exposure to local culture during treks, Snow craft introduction

SOFT SKILLS

Attitude	Willingness to learn, enthusiasm, curiosity, positivity, perseverance. The values and qualities will be imbibed through interactive sessions, discussions, documentaries
Responsible Behavior	Sensitivity to others, and nature; Caring towards self, groupmates, and surrounding. Experiences of hiking in remote wilderness gives ample opportunities to immerse and be well connected to surroundings.
Teamwork	Cooperativeness, ability to cohesively interact, work in a group, Develop fine communication skills. These skills will be developed through individual, and group games in outdoor settings.
Leadership	Learning to follow a leader, self developmental leadership, peer leadership, designated leadership, implementation of skills of leadership, qualities, roles and responsibilities of a great leader

LEAP Outcomes

- Gain exposure to Life skills which are aligned with NEP 2020 guidelines
- Become an able, efficient and knowledgeable leader in outdoor trips and treks
- Learn to assess and manage risk, & be a responsible, sensitive and caring citizen toward nature and society
- Develop values of courage, perseverance, team work, critical thinking.
- Build a character and attitude to confidently face challenges of life with rational thinking

Programme Registration Formalities

Enrollment Form	Participants will require to fill a google form (one time formality)
Medical Form	Participants will be required to download, print and get filled from a medical practitioner. It is an annual process.
Indemnity Bond	Participants will be required to download, print and get filled on 500 Rs stamp paper and notarized. It is also a one time process. (one time formality)
Yearly Registration Fees & Kit Fees	The registration fee INR 600 is a one-time fee for every year for all participants, that covers admin expenses. After the registration, you will be added in the WA group for further communications. The Kit fees INR 700 includes: GGIM cap, GGIM notebook, rope sling, book
Trek wise Fees	The Schedule is shared in the subsequent slide with trek fees and learning content. Himalaya trek will take place in May 2027. All the trek related updates will be shared on WA groups.

SCHEDULE FOR LEAP 2026-27

AVHAAN LEVEL

Month	Trek	Learning Content	Fees
5 July	Rohida Fort	Introductory Glimpses of mountain Ranges, famous mountains and valleys, overview of mountaineering and its disciplines, famous mountaineers from the world and India; About Giripremi and GGIM.	1300
02 August	Telni Waterfalls	Understanding Hazards in Outdoors; Safety in Monsoon Treks	1300
06 September	Kusur Waghoba	Introduction to Various Knots	1300
04 October	Thanale Caves by Waghjai Ghat	Understanding Sahyadri Mountain Range and its features - Ghats, Caves, Forts etc.	1300
Date will be declared soon	Outdoor Leadership Programme 3N/4D	Camping, outdoor cooking, rock craft, intro to equipment, first aid basics, map making, backpacking, Risk Assessment & Management, Planning & execution, Environmental Awareness	TBA
06 December	Rajgad - Torna Trek	Semi Independant Trekking, Fort Architecture	1300
03 January	Umbarkhind - Duke's Nose	History	1300
07 February	Sport Climbing	Learning the art of Olympic Activity - Sport Climbing	1300
April-May	Himalyan Trek	Himalyan Adventure Trek - 13500 Ft. Height Gain	TBA

Standard Itinerary

TIME	ACTIVITY
06:00 AM	Reporting at meeting Point and start journey
08.00 AM	Have Breakfast (in the bus)
9:00 AM	Reach base village and start the trek
12.00 Noon	Reach the top & Orientation about the surrounding area. Learn about the geography and historical features of the terrain. Explore various biodiversity elements in Sahyadri.
12:30 PM	Have Lunch on the Top/Base
2:00 PM	Learning Session
03:00 PM	Board the buses and start return journey
06:00 PM	Return to Pune

Fees details (Includes and Excludes)

The One Day Trek Fees : INR 1300/-

Fees Include:

- NON-AC Transport
- Forest Entry Fees
- Refreshments on the trek and evening snack
- First aid Kit & Safety Equipment
- Guidance from Experienced Instructors of GGIM

Fees Exclude:

- Any personal elements other than mentioned in the Includes
- Breakfast and Lunch

Things to carry

Things to Carry for the Trek:

- Small Bag,
- Breakfast and Lunch
- Drinking Water - 2 L,
- Sports shoes / Trekking Shoes,
- Sun Cap,
- Dry snacks (like Chocolate, Chikki, Energy Bars etc. Please avoid Chips, Lays, Kurkures)
- **Personal medication (if any - to be informed well in advance to the instructors),**
- Poncho / Rainwear
- Spare Set of Clothes (In a separate polythene bag, inside the sack)

UDAAN



YOU WILL CHANGE
ONLY WHEN CHALLENGED

